

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ian van der Merwe**

Has successfully participated & completed the

**Solo Steer GoSport Cowhouse Cross Duathlon 2019 #4**

held at Cowhouse Market.

**TIME 01:17:36**

**PACE 03:30/km**

**OVERALL 9 of 23**

**GENDER 7 of 15**

**40 - 49 4 of 6**

04 August 2019, Sun

Date



*BoutTime*

Signature

